

## 2025 First Choice VIP Care Plus

### 2025 Step Therapy Criteria

CURRENT AS OF 01/01/2025

## anticonvulsant step therapy

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### Products Affected

- FYCOMPA SUSPENSION 0.5 MG/ML ORAL
- FYCOMPA TABLET 10 MG ORAL
- FYCOMPA TABLET 12 MG ORAL
- FYCOMPA TABLET 2 MG ORAL
- FYCOMPA TABLET 4 MG ORAL
- FYCOMPA TABLET 6 MG ORAL
- FYCOMPA TABLET 8 MG ORAL
- SPRITAM TABLET DISINTEGRATING SOLUBLE 1000 MG ORAL
- SPRITAM TABLET DISINTEGRATING SOLUBLE 250 MG ORAL
- SPRITAM TABLET DISINTEGRATING SOLUBLE 500 MG ORAL
- SPRITAM TABLET DISINTEGRATING SOLUBLE 750 MG ORAL
- SYMPAZAN FILM 10 MG ORAL
- SYMPAZAN FILM 20 MG ORAL
- SYMPAZAN FILM 5 MG ORAL
- XCOPRI (250 MG DAILY DOSE) TABLET THERAPY PACK 100 & 150 MG ORAL
- XCOPRI (350 MG DAILY DOSE) TABLET THERAPY PACK 150 & 200 MG ORAL
- XCOPRI TABLET 100 MG ORAL
- XCOPRI TABLET 150 MG ORAL
- XCOPRI TABLET 200 MG ORAL
- XCOPRI TABLET 25 MG ORAL
- XCOPRI TABLET 50 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 12.5 MG & 14 X 25 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 150 MG & 14 X200 MG ORAL
- XCOPRI TABLET THERAPY PACK 14 X 50 MG & 14 X100 MG ORAL
- ZONISADE SUSPENSION 100 MG/5ML ORAL

### Details

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Criteria
Step 1: First line therapy should be a documented trial, failure, or contraindication of two generic anticonvulsants. Step 2: Once two generic anticonvulsants have been tried, failed, or contraindicated patients can receive therapy with Spritam, Sympazan, Xcopri, Fycompa or Zonisade.

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# antidepressant step therapy

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## Products Affected

- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 120 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 20 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 40 MG ORAL
- FETZIMA CAPSULE EXTENDED RELEASE 24 HOUR 80 MG ORAL
- FETZIMA TITRATION CAPSULE ER 24 HOUR THERAPY PACK 20 & 40 MG ORAL

## Details

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<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of two generic antidepressants. Step 2: Once two generic antidepressants have been tried, failed, or contraindicated patient can receive therapy with Fetzima.
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# brinzolamide step therapy

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## Products Affected

- *brinzolamide suspension 1 % ophthalmic*

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of formulary dorzolamide or dorzolamide/timolol. Step 2: Once dorzolamide or dorzolamide/timolol has been tried, failed, or contraindicated the patient can receive therapy with brinzolamide.
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# febuxostat step therapy

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## Products Affected

- *febuxostat tablet 40 mg oral*
- *febuxostat tablet 80 mg oral*

## Details

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<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of allopurinol tablet. Step 2: Once allopurinol tablet has been tried, failed, or contraindicated patients can receive therapy with Febuxostat.
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# netarsudil step therapy

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## Products Affected

- RHOPRESSA SOLUTION 0.02 %  
OPHTHALMIC
- ROCKLATAN SOLUTION 0.02-0.005 %  
OPHTHALMIC

## Details

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<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of latanoprost or travoprost. Step 2: Once latanoprost or travoprost has been tried, failed, or contraindicated patients can receive therapy with Rhopressa or Rocklatan.
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# ongentys step therapy

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## Products Affected

- ONGENTYS CAPSULE 25 MG ORAL
- ONGENTYS CAPSULE 50 MG ORAL

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of entacapone or carbidopa-levodopa-entacapone. Step 2: Once entacapone or carbidopa-levodopa-entacapone has been tried, failed, or contraindicated patients can receive therapy with Ongentys.
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# savella step therapy

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## Products Affected

- SAVELLA TABLET 100 MG ORAL
- SAVELLA TABLET 12.5 MG ORAL
- SAVELLA TABLET 25 MG ORAL
- SAVELLA TABLET 50 MG ORAL
- SAVELLA TITRATION PACK 12.5 & 25 & 50 MG ORAL

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication to duloxetine or pregabalin. Step 2: Once duloxetine or pregabalin has been tried, failed or contraindicated patients can receive therapy with Savella.
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# topical immunomodulators step therapy

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## Products Affected

- *pimecrolimus cream 1 % external*
- *tacrolimus ointment 0.03 % external*
- *tacrolimus ointment 0.1 % external*

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure, or contraindication of two topical corticosteroids. Step 2: Once two topical corticosteroids have been tried, failed, or contraindicated patients can receive therapy with generic pimecrolimus or generic topical tacrolimus.
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# urinary incontinence agents step therapy

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## Products Affected

- *darifenacin hydrobromide er tablet extended release 24 hour 15 mg oral*
- *darifenacin hydrobromide er tablet extended release 24 hour 7.5 mg oral*
- *trospium chloride er capsule extended release 24 hour 60 mg oral*

## Details

<b>Criteria</b>	Step 1: First line therapy should be a documented trial, failure or contraindication of 2 of the following: oxybutynin, oxybutynin ER, trospium, tolterodine, tolterodine ER, fesoterodine ER, or solifenacin. Step 2: Once two of the medications listed in Step 1 have been tried, failed, or contraindicated, patients can receive therapy with trospium ER or darifenacin ER
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#### FETZIMA CAPSULE EXTENDED

RELEASE 24 HOUR 120 MG ORAL ... 2

#### FETZIMA CAPSULE EXTENDED

RELEASE 24 HOUR 20 MG ORAL ..... 2

#### FETZIMA CAPSULE EXTENDED

RELEASE 24 HOUR 40 MG ORAL ..... 2

#### FETZIMA CAPSULE EXTENDED

RELEASE 24 HOUR 80 MG ORAL ..... 2

#### FETZIMA TITRATION CAPSULE ER 24

HOUR THERAPY PACK 20 & 40 MG  
ORAL..... 2

#### FYCOMPA SUSPENSION 0.5 MG/ML

ORAL..... 1

FYCOMPA TABLET 10 MG ORAL..... 1

FYCOMPA TABLET 12 MG ORAL..... 1

FYCOMPA TABLET 2 MG ORAL..... 1

FYCOMPA TABLET 4 MG ORAL..... 1

FYCOMPA TABLET 6 MG ORAL..... 1

FYCOMPA TABLET 8 MG ORAL..... 1

### O

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ONGENTYS CAPSULE 50 MG ORAL.... 6

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### R

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OPHTHALMIC ..... 5

#### ROCKLATAN SOLUTION 0.02-0.005 %

OPHTHALMIC ..... 5

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SAVELLA TABLET 25 MG ORAL..... 7

SAVELLA TABLET 50 MG ORAL..... 7

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& 50 MG ORAL ..... 7

SPRITAM TABLET DISINTEGRATING  
SOLUBLE 1000 MG ORAL ..... 1

SPRITAM TABLET DISINTEGRATING  
SOLUBLE 250 MG ORAL ..... 1

SPRITAM TABLET DISINTEGRATING  
SOLUBLE 500 MG ORAL ..... 1

SPRITAM TABLET DISINTEGRATING  
SOLUBLE 750 MG ORAL ..... 1

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SYMPAZAN FILM 20 MG ORAL..... 1

SYMPAZAN FILM 5 MG ORAL..... 1

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release 24 hour 60 mg oral..... 9

### X

#### XCOPRI (250 MG DAILY DOSE)

TABLET THERAPY PACK 100 & 150  
MG ORAL ..... 1

#### XCOPRI (350 MG DAILY DOSE)

TABLET THERAPY PACK 150 & 200  
MG ORAL ..... 1

XCOPRI TABLET 100 MG ORAL ..... 1

XCOPRI TABLET 150 MG ORAL ..... 1

XCOPRI TABLET 200 MG ORAL ..... 1

XCOPRI TABLET 25 MG ORAL ..... 1

XCOPRI TABLET 50 MG ORAL ..... 1

XCOPRI TABLET THERAPY PACK 14 X  
12.5 MG & 14 X 25 MG ORAL..... 1

XCOPRI TABLET THERAPY PACK 14 X  
150 MG & 14 X200 MG ORAL..... 1

XCOPRI TABLET THERAPY PACK 14 X  
50 MG & 14 X100 MG ORAL..... 1

### Z

ZONISADE SUSPENSION 100 MG/5ML  
ORAL..... 1