

# CLINICAL PRACTICE GUIDELINES

First Choice VIP Care Plus has adopted clinical practice guidelines for use in guiding the treatment of plan members, with the goal of reducing unnecessary variations in care. The following clinical practice guidelines represent current professional standards, supported by scientific evidence and research. These guidelines are intended to inform, not replace, a physician's clinical judgment. The physician remains responsible for determining applicable treatment for each individual.

↔ Click link to access guidelines.

## ↔ AMERICAN ACADEMY OF PEDIATRICS

- Bright Futures Periodicity Schedule

## ↔ AMERICAN PSYCHIATRIC ASSOCIATION

- Bipolar Disorder
- Post-Traumatic Stress Disorder
- Schizophrenia
- Suicidal Behavior

## ↔ AMERICAN SOCIETY OF ADDICTION MEDICINE

- Opioid Addiction

## ↔ GLOBAL INITIATIVE FOR CHRONIC OBSTRUCTIVE LUNG DISEASE

- Chronic Obstructive Pulmonary Disease

## ↔ JOURNAL OF THE AMERICAN ACADEMY OF CHILD & ADOLESCENT PSYCHIATRY

- Oppositional Defiant Disorder

## ↔ MICHIGAN QUALITY IMPROVEMENT CONSORTIUM

- |                                            |                   |                                                      |
|--------------------------------------------|-------------------|------------------------------------------------------|
| • Asthma                                   | • Heart Failure   | • Obesity- Children and Adults                       |
| • Attention Deficit/Hyperactivity Disorder | • Hyperlipidemia  | • Opioid Prescribing                                 |
| • Depression                               | • Hypertension    | • Preventive Care- Children, Adolescents, and Adults |
| • Diabetes                                 | • Postpartum Care | • Substance Use                                      |
|                                            | • Prenatal Care   |                                                      |

## ↔ NATIONAL HEART, LUNG, AND BLOOD INSTITUTE

- Sickle Cell Disease

## ↔ NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

- General Anxiety Disorder

## ↔ SUICIDE PREVENTION RESOURCE CENTER

- Caring for Adult Patients with Suicide Risk

## ↔ U.S. PREVENTIVE SERVICES TASK FORCE

- A and B Recommendations
- HIV/AIDS