

Family Planning

Reimbursement Policy ID: RPC.0104.SCM1

Recent review date: 05/2025

Next review date: 04/2026

First Choice VIP Care Plus reimbursement policies and their resulting edits are based on guidelines from established industry sources, such as the Centers for Medicare and Medicaid Services (CMS), the American Medical Association (AMA), state and federal regulatory agencies, and medical specialty professional societies. Reimbursement policies are intended as a general reference and do not constitute a contract or other guarantee of payment. First Choice VIP Care Plus may use reasonable discretion in interpreting and applying its policies to services provided in a particular case and may modify its policies at any time.

In making claim payment determinations, the health plan also uses coding terminology and methodologies based on accepted industry standards, including Current Procedural Terminology (CPT®); the Healthcare Common Procedure Coding System (HCPCS); and the International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM), and other relevant sources. Other factors that may affect payment include medical record documentation, legislative or regulatory mandates, a provider's contract, a member's eligibility in receiving covered services, submission of clean claims, other health plan policies, and other relevant factors. These factors may supplement, modify, or in some cases supersede reimbursement policies.

This reimbursement policy applies to all health care services billed on a CMS-1500 form or its electronic equivalent, or when billed on a UB-04 form or its electronic equivalent.

To the extent that any procedure and/or diagnosis codes are specified in this policy, such inclusion is provided for reference purposes only, may not be all inclusive, and is not intended to serve as billing instructions. Listing of a code in this policy does not imply that the service described by the code is a covered or non-covered health service. Benefit coverage for health services is determined by federal, state, or contractual requirements and applicable laws that may require coverage for a specific service. The inclusion of a code does not imply any right to reimbursement or guarantee claim payment. Other Policies and Guidelines may apply.

Policy Overview

This policy addresses reimbursement of family planning services including diagnosis, treatment, drugs, supplies and devices to prevent pregnancy and related counseling which is provided to individuals of child-bearing age to enable the individuals to determine freely the number and spacing of their children.

Exceptions

N/A

Reimbursement Guidelines

Providers will work with specialists in the instance of self-referrals for family planning services. Birth Control is generally not covered by Medicare except for treatment of a non-fertility related conditions.

Services may include:

- Office visits/exams
- Medical history and physical examination (including pelvic and breast)
- Diagnostic and laboratory tests

Family planning services rendered to a Medicare enrollee by a Health Care Provider who does not participate with First Choice VIP Care Plus are also covered.

Definitions

Health Care Provider

A health care provider is a licensed person or organization that provides health care services. This can include doctors, nurses, therapists, pharmacists, laboratories, hospitals, clinics, and other health care centers.

Edit Sources

- I. Current Procedural Terminology (CPT) and associated publications and services.
- II. International Classification of Diseases, 10th Revision, Clinical Modification (ICD-10-CM).
- III. Healthcare Common Procedure Coding System (HCPCS).
- IV. Centers for Medicare and Medicaid Services (CMS).
- V. The National Correct Coding Initiative (NCCI).
- VI. <https://www.hhs.gov/guidance/document/medicaid-family-planning-services-and-supplies>
- VII. First Choice VIP Care Plus Provider Manual.
- VIII. Medicare Fee Schedule(s).

Attachments

N/A

Associated Policies

N/A

Policy History

06/2025	Minor updates to formatting and syntax
05/2025	Reimbursement Policy Committee Approval
04/2025	Revised preamble
04/2024	Revised preamble
08/2023	Removal of policy implemented by First Choice VIP Care Plus from Policy History section
01/2023	<div>Template Revised<ul style="list-style-type: none">• Revised preamble• Removal of Applicable Claim Types table• Coding section renamed to Reimbursement Guidelines• Added Associated Policies section</div>